



Simanim

FOR ROSH HASHANAH

On the first night of Rosh Hashanah, it's traditional to eat certain foods at the festive meal to symbolize our wishes and hopes for the year ahead, and to help remind us of the meaning of the holiday during the meal.

Some are sweet foods, like the famous apple dipped in honey, and others are a play on words based on double meanings of the names of the foods in different languages. (Did you know Rosh Hashanah was the holiday of puns?)

A short prayer is recited as you partake of each of the simanim (symbolic foods); the text for each and a translation is provided below.

Wishing you a very sweet New Year from Kosher.com

The following blessing is said on both nights. On the second night, it is customary to eat a fruit that one has not yet eaten this season.

ברוך אתה ה' אלקינו מלך העולם, שֶׁהַ חַיֵּנוּ וְקִיְמָנוּ וְהִגִּיעָנוּ לְזִמְנֵן הַזֶּה.
Blessed are You, our G-d, King of the universe, Who has kept us alive, sustained us, and brought us to this season.

APPLE DIPPED IN HONEY

Say a blessing on the fruit, then take a bite.

ברוך אתה ה' אלקינו מלך העולם, בורא פרי העץ.

Before you finish eating the apple, say the following prayer:

יהי רצון מלפניך, ה' אלקינו ואלקי אבותנו
, שתחדש עלינו שנה טובה ומתוקה.

May it be Your will, Hashem, our G-d and the G-d of our forefathers, that You renew for us a good and sweet new year.

CARROT

יהי רצון מלפניך, ה' אלקינו ואלקי אבותנו, שירבו זכיותנו.

May it be Your will, Hashem, our G-d and the G-d of our forefathers, that our merits increase.



LEEK OR CABBAGE

יהי רצון מלפניך, ה' אלקינו ואלקי אבותנו, שיכרתו שונאינו.

May it be Your will, Hashem, our G-d and the G-d of our forefathers, that our enemies be decimated.

BEETS

יהי רצון מלפניך, ה' אלקינו ואלקי אבותנו, שיסתלקו אויבינו.

May it be Your will, Hashem, our G-d and the G-d of our forefathers, that our adversaries be removed.

DATES

יהי רצון מלפניך, ה' אלקינו ואלקי אבותנו, שיתמו שונאינו.

May it be Your will, Hashem, our G-d and the G-d of our forefathers, that our enemies be consumed.

GOURD

יהי רצון מלפניך, ה' אלקינו ואלקי אבותנו, שיקרע גזר דיננו ויקראו לפניך זכיותנו.

May it be Your will, Hashem, our G-d and the G-d of our forefathers, that the decree of our sentence be torn asunder, and may our merits be proclaimed before you.

POMEGRANATE

יהי רצון מלפניך, ה' אלקינו ואלקי אבותנו, שגברת זכיות כרמון.

May it be Your will, Hashem, our G-d and the G-d of our forefathers, that our merits increase as [the seeds of] a pomegranate.

FISH

יהי רצון מלפניך, ה' אלקינו ואלקי אבותנו, שגברת ונרבה כדגים.

May it be Your will, Hashem, our G-d and the G-d of our forefathers, that we be fruitful and multiply like fish.

HEAD OF SHEEP OR FISH

יהי רצון מלפניך, ה' אלקינו ואלקי אבותנו, שנהיה לראש ולא לזנב.

May it be Your will, Hashem, our G-d and the G-d of our forefathers, that we be as the head and not as the tail.

For the head of a sheep, some add:

ויהי רצון שיזכור לנו זכותא דיצחק אבינו.



Wishing you a very sweet New Year from

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