

Meat Spaghetti and Spinach

Recipe By Chanie Nayman



Cooking and Prep:  6 h

Serves:  4

Contains:  

Preference: Meat

Difficulty: Easy

Source: Family Table by
Mishpacha Magazine

Ingredients (9)

Main ingredients

- 1 pound (454 grams) chopped meat
- 1 (16-oz) (454-g) package spaghetti
- 2 cups frozen spinach
- 2 cups **Gefen Marinara Sauce**
- 1 heaping teaspoon garlic powder or 1-2 cubes **Gefen Frozen Garlic**
- 1 teaspoon salt
- 1/2 teaspoon pepper

1/2 teaspoon crushed red pepper flakes

3 cups water

Start Cooking

Make the Spaghetti

1. Place all ingredients in slow cooker and cook on low for six hours. Alternatively, add the spaghetti to the slow cooker half an hour before you'd like to serve it.

Credits

Photography: Daniel Lailah.

Food Styling: Amit Farber.