

Red Cabbage Avocado Salad

Recipe By Chanie Nayman



Cooking and Prep:  15
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Serves:  6

Contains:  

Preference: Parve

Difficulty: Easy

Occasion: Shabbat

Diet: Vegetarian, Gluten Free,
Low Carb, Pescetarian

Source: Family Table by
Mishpacha Magazine

I created this recipe once when I was left with half a bag of red cabbage after Shabbos. I sent around samples to some friends and it immediately became a keeper!

Ingredients (10)

Salad

- 16 ounces (500 grams) red cabbage, shredded
- 1 avocado, peeled and cubed
- salted roasted cashews

Dressing

- 1/2 cup Gefen Mayonnaise
 - 1/2 tablespoon deli mustard
 - 1 tablespoon water
 - 2 tablespoons distilled white vinegar
 - scant 1/4 teaspoon salt
 - 3/4 teaspoon garlic
 - 1 tablespoon sugar
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Start Cooking

Salad

1. Combine dressing ingredients and mix well.
2. In a salad bowl, mix together cabbage, avocado, and nuts.
3. Add dressing and mix to combine.