

Easy Asparagus and Hearts of Palm Salad

Recipe By *Lisa Fleischman*



Cooking and Prep:  10
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Serves:  8

No Allergens

Preference: Parve

Difficulty: Easy

Diet: Vegetarian, Vegan,

Gluten Free

Source: Rosenbaum Yeshiva
of North Jersey

Ingredients (9)

Salad

- 1-2 (14-ounce) cans **Gefen Hearts of Palm**, cut into 1/2-inch pieces
- 1 pint grape tomatoes, halved
- 1 bunch asparagus, cooked and cut into 1-inch pieces
- 1-2 avocados, cubed

Dressing

- 1/2 cup oil
 - 1/4 cup **Tonnelli Apple Cider Vinegar**
 - 1/4 cup sugar
 - 1/2 teaspoon salt
 - 3 cloves garlic, minced or 3 cubes **Gefen Frozen Garlic**
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Start Cooking

Prepare the Salad

1. Combine hearts of palm, tomatoes, asparagus, and avocados.
2. Mix together dressing ingredients and pour over salad.

Credits

Photography by Hudi Greenberger

Food Styling by Janine Kalesis