

Popcorn Cauliflower

Recipe By Family Table Staff



Cooking and Prep:  50
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Serves:  4

No Allergens

Preference: Parve

Difficulty: Easy

Occasion: Shabbat, Passover

Diet: Vegetarian, Vegan,
Pescetarian, Gluten Free,
Sugar Free

Source: Family Table by
Mishpacha Magazine

Ingredients (6)

For Cauliflower

- 1 large cauliflower cut into florets (or 1 bag of frozen cauliflower florets)
- 1/8 teaspoon turmeric
- 1/2 teaspoon fresh garlic
- salt, to taste

pepper, to taste

1 cup **Bartenura Olive Oil**

Start Cooking

Prepare Cauliflower

1. Pour oil into a large mixing bowl and add turmeric, fresh garlic, salt and pepper. Mix until equally distributed.
2. Stir cauliflower florets into oil until evenly coated.
3. Place cauliflower pieces on cookie sheet and bake in oven at 500°F (250°C) about 30 minutes, until cauliflower is slightly wilted.

Note:

Serve in Bowl