

Syrian Pumpkin Patties (Kibbet Yatkeen)

Recipe By *Gil Marks*



Cooking and Prep:  55
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Serves:  12

Contains:  

Preference: Parve

Difficulty: Easy

Occasion: Rosh Hashanah,
Sukkot, Chanukah

Diet: Vegetarian, Vegan,
Pescetarian

Source: OU Kosher

Cuisines: Sephardi

Syrians tend to prefer their pumpkin pancakes spicy, while Sephardim from Turkey and Greece generally favor them slightly sweet. In either case, these colorful pancakes are both traditional for Rosh Hashanah, Sukkot, and Chanukah as well as make a tasty side dish for any meal, the many seeds a symbol of fruitfulness and abundance.

Ingredients (14)

Bulgur

1 cup fine bulgur

warm water for soaking

Patties

2 cups mashed cooked pumpkin (about 2 and 1/2 pounds raw), or 16 ounces pure-pack canned

pumpkin

- 1 cup all-purpose flour
- 1/2 cup water
- 1 medium onion, chopped
- 3–4 cloves garlic, minced or 3-4 cubes **Gefen Frozen Garlic**
- about 1/2 teaspoon salt
- 1/2 teaspoon ground coriander
- 1/2 teaspoon grated black pepper
- 1/4 teaspoon ground allspice
- 1/4 teaspoon ground cumin
- pinch of cayenne
- vegetable or **Gefen Olive Oil** for frying

Start Cooking

Prepare the Bulgur

1. Soak the bulgur in warm water for 20 minutes.
2. Drain.

Prepare the Patties

1. Transfer the bulgur to a food processor with the remaining ingredients except the oil and puree. If the mixture is too thin, add a little more flour.
2. Shape into patties about two inches long, one inch wide, and half an inch thick.
3. Heat an eighth inch oil in a large skillet over medium heat. Fry the patties, turning once, until golden brown on both sides, about two minutes per side. Serve warm or at room temperature.

Tip:

To cook fresh pumpkin, cut it into eighths, place in a large pot of lightly salted water, cover, and simmer over low heat until tender, about 15 minutes. Drain, cut off the peel, and mash. Gently press in a strainer to remove the excess liquid.

Variation:

Sephardic Pumpkin Patties (Fritadas de Calabaza): This batter will be looser than the bulgur version, and is dropped from a spoon. Omit the bulgur, 1/2 cup water, onion, and seasoning. Add 3 large eggs and 2–8 tablespoons granulated or brown sugar. If desired, also add 2 teaspoons ground cinnamon, 1/2 teaspoon ground nutmeg, and a pinch of ground ginger.

Syrian Baked Pumpkin Casserole (Kibbet Yatkeen bi Seniyeh): Spread the pumpkin mixture into an oiled nine-inch square baking pan. Cut into diamonds or one- and- a- half-inch squares. Drizzle with 1/4 cup vegetable oil. Bake in a 400-degree oven until golden brown.