

# Pulled Beef

Recipe By Sara and Yossi

Goldstein



Cooking and Prep:  8 h

Serves:  6

No Allergens

Preference: Meat

Difficulty: Easy

Diet: Gluten Free, Low Carb

Source: Whisk by Ami  
Magazine

Serve this alongside our [burger](#) to transform your summer BBQ, or even just a Tuesday night dinner, into an gustatory experience! Yields approximately 1 cup.  
– Yossi

## Ingredients (3)

### Main ingredients

- 1/2 pound second-cut brisket
- 2 (12-ounce) cans Dr Pepper
- salt, to taste

## Start Cooking

Prepare the Beef

1.)

Pour the soda into a slow cooker.

2. Place the beef inside the pot.
3. Cook on low for 6-8 hours.

### **Pull the Beef**

1. Remove the meat from the pot and place in a bowl.
2. Using two forks, pull apart the meat.
3. Pour the leftover juice onto the meat.