

Strawberry and Cream Smoothies

Recipe By *Esther Deutsch*



Cooking and Prep:  10
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Serves:  6

Contains: 

Preference: Dairy

Difficulty: Easy

Occasion: Shavuot

Diet: Vegetarian

Source: Whisk by Ami

Magazine

Ingredients (4)

Main ingredients

- 16 ounces strawberries frozen or fresh
- 1 jar condensed cream from Baker's Choice (10.4 ounces)
- 6 ice cubes
- 1 tablespoon lemon or lime juice

Start Cooking

Prepare the Smoothie

1. In a blender combine all ingredients and process until smooth.

Tip:

To coat the rim of the glass with sugar, place a twice folded wet paper towel on a plate. Turn glass upside down and press into the wet paper towel. Immediately press upside down glass in sugar and coat evenly with sugar and allow to dry. Garnish these smoothies with a slice of lemon or lime.