

Pita Chicken Sandwiches

Recipe By *Nitra Ladies Auxiliary*



Cooking and Prep:  05
m

Serves:  4

Contains:   

Preference: Meat

Difficulty: Easy

Diet: Low Fat

Source: The Heimishe

Kitchen (Nitra Cookbook)

Sandwiches are a classic for a good reason. They're quick and easy to prepare, leave behind very little clean-up, and if filled with light chicken and veggies it can be just as healthy as your standard chicken-and-rice supper.

Ingredients (6)

Main ingredients

- 4 tablespoons **Gefen Mayonnaise**
- 4 pita breads
- 4 lettuce leaves
- 8 tomato slices
- 2 chicken breasts, cooked, drained and flaked
- 1 cup fresh alfalfa sprouts, washed and drained

Start Cooking

Assemble

1. Spread mayonnaise on inside of each pita bread.
2. Divide remaining ingredients among sandwiches.

Credit

Styling and Photography by Jennifer E. (Bitton) Chetrit