

Mock Chopped Liver With Peas

Recipe By *Nitra Ladies Auxiliary*



Cooking and Prep:  10
m

Serves:  8

Contains:  

Preference: Parve

Difficulty: Easy

Occasion: Shabbat

Diet: Vegetarian, Paleo,
Pescetarian, Gluten Free, Low
Fat, Low Carb, Sugar Free

Source: The Heimishe
Kitchen (Nitra Cookbook)

Cuisines: Ashkenazi

Here's a super easy preparation for vegetarian chopped liver – no sautéing required. Enjoy!

Ingredients (6)

Main ingredients

- 1 (16-ounce) can peas, drained or 3 and 1/2 cups [Gefen Organic Lentils](#)
- 4 hard-boiled eggs
- 2 onions, sautéed

1 and 1/2 cups chopped walnuts

1 teaspoon salt

1/4 teaspoon pepper

Start Cooking

Prepare the Mock Chopped Liver

1. Combine all ingredients. Blend or process until smooth.
2. Serve chilled.

Tip:

Serving presentation: Cut off the top third of a tomato. Remove pulp and fill with mock chopped liver.

Credit

Photography and Styling by Elazar Klein Studio