

# Pink Lemonade Smoothie

Recipe By *Chanie Nayman*



**Cooking and Prep:**  15  
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**Serves:**  6

**Contains:** 

**Preference:** Dairy

**Difficulty:** Easy

**Occasion:** Shavuot,  
Chanukah

**Diet:** Vegetarian, Gluten Free,  
Low Carb

**Source:** Family Table by  
Mishpacha Magazine

Pink Lemonade Smoothie! With so many strawberry drinks out there, I wanted something different. Since I am obsessed with lemon, I threw some in, and I was so excited with the result! Of course, I had to test this as I was serving my kids shnitzel, and they were really insulted when I told them they couldn't have because they were fleishigs. So I made it up to them with a pareve version. This recipe is the original dairy one.

## Ingredients (6)

### Main ingredients

- 3 cups frozen strawberries
- 1 cup milk, whole or low fat
- 1 cup orange juice
- 1 8-ounce (225 grams) container regular Greek yogurt

1/4 cup sugar, or less

2 tablespoons lemon juice

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## Start Cooking

### Prepare Smoothie

1. Blend and serve immediately.

#### Variation:

Lime juice can be used instead of lemon juice.

#### Credits

Photography: Lisa Monahan

Styling: Chanie Nayman