

# Farina Dumplings

Recipe By Nitra Ladies Auxiliary



Cooking and Prep:  15  
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Serves:  3

Contains:   

Preference: Parve

These quick and easy dumplings add body and flavor to soups.

Difficulty: Easy

Diet: Vegetarian, Pescetarian

Source: The Heimishe

Kitchen (Nitra Cookbook)

## Ingredients (3)

### Main

- 3 teaspoons farina
- 1 egg, slightly beaten
- 1/4 teaspoon salt

## Start Cooking

Farina Dumplings

1. Mix all ingredients, drop into boiling soup and cook for 10 minutes.

**Note:**

For extra fluffiness, beat egg whites separately.

**Credits**

Photography and Styling: Peri Photography