

Chocolate Covered Banana Nut Butter Shake

Recipe By Rorie Weisberg



Cooking and Prep:  10
m

Serves:  1

Contains: 

Preference: Parve

Watch Rorie make this and another delicious shake [here!](#)

Difficulty: Easy

Diet: Vegetarian, Vegan,
Pescetarian, Gluten Free, Low
Fat, Low Carb, Sugar Free

Source: Kosher.com

Exclusive

Ingredients (7)

Main ingredients

- 1-2 ounces avocado
- 1 ripe frozen banana
- 1/4 – 1/2 cup [Heaven & Earth Riced Cauliflower](#), frozen
- 1 tablespoon unsweetened cocoa powder

- 2 tablespoons **Haddar Almond Butter**
 - 2/3 cup **Gefen Coconut Milk**
 - 1-2 teaspoons raw honey (optional, for a sweeter outcome)
-

Start Cooking

Prepare the Shake

1. Place all ingredients in a blender or Nutribullet and blend until smooth.