

Chickpea Salad

Recipe By Nitra Ladies Auxiliary



Cooking and Prep:  15
m

Serves:  8

No Allergens

Preference: Parve

Difficulty: Easy

Diet: Vegetarian, Vegan,
Pescetarian

Source: The Heimishe
Kitchen (Nitra Cookbook)

Ingredients (12)

Salad

- 4 cups Gefen Organic Chickpeas
- 1 (3- and- 1/2-ounce) jar stuffed green olives
- 1/2 cup black olives
- 1 red pepper, diced
- 1 red onion, diced

1 (15-ounce) can baby corn, cut into 1/3s

Dressing

1/4 cup oil

1/4 cup vinegar

1/4 teaspoon black pepper

1 teaspoon sugar

3/4 teaspoon salt

1 teaspoon Italian seasoning

Start Cooking

Prepare the Chickpea Salad

1. Combine salad ingredients.
2. Mix ingredients for dressing and pour over salad.
3. Serve chilled.

Credits

Styling and Photography by Tamara Friedman