


Light, Refreshing Tuna Salad Sandwich

Recipe By *Sussy Krausz*



Cooking and Prep:  10
m

Serves:  2

Contains:    

Preference: Parve

Difficulty: Easy

Diet: Pescetarian

Source: Whisk by Ami
Magazine

I make this tuna sandwich into a melt. Your melts can go beyond tuna. Prepare them using a variety of ingredients like fried eggplant, grilled vegetables, or mushrooms, then covered with cheese and griddled or grilled.

Ingredients (9)

Main ingredients

- 1 (6-ounce) can **Gefen Tuna**
- 2 tablespoons **Gefen Mayonnaise**
- 1 tablespoon finely chopped celery
- 1 tablespoon spring onions or red onion, finely diced
- 1 tablespoon chopped fresh parsley
- 1 teaspoon lemon juice

2 tablespoons softened butter

4 slices whole wheat bread

2 ounces sliced cheese

Start Cooking

Prepare the Tuna Salad

1. Mash together tuna, mayonnaise, celery, onion, parsley, and lemon juice.
2. Spread tuna salad on two slices of bread and top with cheese. Close sandwiches.

For Tuna Melts

1. Butter one side of each sandwich. Then, grill, broil, or cook in preheated frying pan for two to three minutes. Spread butter on the opposite side and flip over. Cook until golden brown and cheese is melted.