

Chickpea Avocado Salad

Recipe By *Hadassah Schreiber*



Cooking and Prep:  10
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Serves:  4

Contains: 

Preference: Parve

Difficulty: Easy

Occasion: Shabbat

Diet: Gluten Free, Sugar Free,

Vegan, Vegetarian,

Pescetarian

Source: Whisk by Ami

Magazine

Ingredients (10)

For the Salad

- 1 (15-ounce) can **Haddar Chickpeas**
- 2 ripe avocados, diced
- 1 red pepper, diced

1 yellow pepper, diced

1 green pepper, diced

1 red onion, diced

For the Dressing

juice of 3 limes and zest of 1 lime

1 and 1/2 teaspoons cayenne pepper

3 tablespoons **Bartenura Olive Oil**

1/2 teaspoon distilled vinegar

Start Cooking

To Make the Salad

1. In a medium bowl, combine chickpeas, avocado, peppers, and onion.
2. In a container with a lid, combine the lime juice, zest, pepper, oil, and vinegar. Seal container and shake. Pour over salad and toss.